



TORPOINT
COMMUNITY
COLLEGE

23/24

INSPIRING
OPTIMISTIC LEARNERS

NEWSLETTER

Friday 24th May 2024

ACADEMIC YEAR 2023/24

Summer Term

15th April- 19th July

UPCOMING EVENTS

6th June: Year 8 Parents' Evening
Week beginning 10th June: Year 10
Work Experience week
Week beginning 17th June: Year 12
Work Experience week.

REPORTING YOUR ABSENCE REMINDER

We are currently experiencing a high number of unreported student absence.

When a student doesn't arrive at College, and we haven't received any notification from the parent/carer, this is a safeguarding concern. In order to support the College, and to allow us to quickly identify any potential safeguarding concern, we ask that you contact us before **9am** on the day of absence. If your child is likely to be absent for more than one day, please inform us of their expected return date.

How can I report absence?

Email: absence@torpoint.cornwall.sch.uk

Call: 01752 812511

Headteacher's Message

Dear Parent/Carer,

Last weekend we had students travel to Wales to watch Cardiff Dragons play against Loughborough Lightning in what was reported to be a thoroughly entertaining netball match. Defending champions Loughborough Lightning beat the Dragons, and the students really enjoyed the day and were excellent ambassadors for the College.

Earlier this week tickets went on sale for our much anticipated "We Will Rock You School Edition" performances that will be taking place on Thursday 11th, Friday 12th and Saturday 13th July. A significant number of tickets have already been purchased so if you are planning to come along, please don't delay in buying yours. Tickets are available from TicketSource, the details of which are contained in this newsletter.

On Wednesday we hosted a celebration evening for all students who trained and or took part in this year's Ten Tors Challenge. For the majority of their training they experienced typical Dartmoor weather which included snow, hail, rain, high winds and gales. On the Ten Tors weekend it was far from this as the weather turned dry and hot. The Ten Tors event is always meticulously planned by the Army who work closely with many different agencies and organisations and are supported by over 350 volunteers.

Timings of the day



Timings of the day.

Tutor	08:45 - 09:10 (25 mins)
Lesson 1	09:10 - 10:10 (60 mins)
Lesson 2	10:10 - 11:10 (60 mins)
Break	11:10 - 11:35 (25 mins)
Lesson 3	11:35 - 12:35 (60 mins)
Lesson 4	12:35 - 13:35 (60 mins)
Lunch	13:35 - 14:20 (45mins)
Lesson 5	14:20 - 15:20 (60 mins)



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Trevol Road
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A huge congratulations to our three teams who participated in the event and who fought through the hot weather and tricky routes over the weekend. I would also like to thank Mrs Porter for all that she does in leading with Ten Tors, and to the other staff and volunteers who dedicate a significant amount of their own time in supporting the training and the event itself. David Matthews was also awarded the Tungsten Ten Tors Award in recognition of his 50 years voluntary service to this prestigious event.

The summer exam season is well underway with our Year 11 and 13 students working hard. Their attendance, motivation and commitment is excellent, and I would encourage them to keep this up until they have completed their exams. It won't be long before they can enjoy an extended summer holiday!

I wish all our students an enjoyable and safe half term break. When we return the summer exam season continues, and our Year 10 and 12 students can look forward to attending their placements as part of the work experience week.

Yours sincerely,

Dr Jeremy Plumb
Headteacher



*David Matthews with his family having been presented the Tungsten Ten Tors Award
(Mrs Porter 4th from right)*



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Ten Tors Challenge 2024

The Ten Tors Challenge 2024 lived up to its name this year with only one of the College teams managing to finish. After months of training in cold, wet and misty conditions, Mother Nature decided to provide a glorious, sunny and hot few days with temperatures reaching the mid-twenties.

The experienced 45-mile team finished but most suffered from sore feet and bad blisters. The Year 10 45-mile team struggled on day 2 and decided to stop as a team on Tor 8. The 35-mile team were held up on day one, as one of their members unfortunately dropped out early on. However, the remainder of the team battled on and tried to catch up on time. On Sunday they continued to try and catch up but despite their efforts they were crashed out on their 10th and final Tor. They did however get helicoptered back to the finish where they were warmly greeted by family and friends.

Well done to all participants for their efforts, particularly the Year 11 students for finishing and who have the added stress of their GCSE exams. A massive thank you to all the volunteers who not only train the students but spend the few days before, and the weekend itself, enduring a roller coaster of emotions that the event brings.

Thank you to Torpoint Sainsburys for donating snacks for the students to keep them going over the weekend.

The Ten Tors presentation took place on Wednesday 22nd May in the Sixth Form.





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Year 7 Careers Event

Year 7 students took part in a careers event on Friday 10th May. They spoke to a range of visitors representing different career sectors including Babcock (and a former student who has an apprenticeship there), NHS apprenticeships, Emma Stockley - an Archaeologist, Adam Foster (former student) who works for BD (Becton Dickinson) and has an engineering apprenticeship, Sixth Formers to find out more about studying at TCC Sixth Form and the demands of A levels and Robert Wiltshire from Tech Cornwall about the digital sector in Cornwall.

It was fantastic to hear the conversations taking place about future pathways and the types of jobs available. Students had to find out why each visitor loved their job and why they would recommend a career in their sector. Well done to the Year 7s who took part and logged the event in their career booklets.

Mrs Bray, Careers Leader





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Super League Netball Cardiff

TCC senior netball teams had a fantastic time in Cardiff on Saturday. They spent the afternoon shopping and exploring Cardiff City Centre followed by a Super-league netball match at the House of Sport watching Loughborough Lightnings beat Cardiff Dragons. Well done to Lola for winning the crowd game Heads or Tails and winning a prize. The girls were an absolute pleasure to be with from start to finish, as they have been to train over the past few years. Thank you to Mr Evans for joining us for the day.

Miss Milford





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TCC
PERFORMING
ARTS

WE WILL ROCK YOU School Edition
Music and Lyrics by QUEEN
Story and Script by BEN ELTON



Scan the QR code
to book tickets!
Tickets available from
TicketSource.

Adult: £9

Student/OAP: £7.50

There will be a small
booking fee.

Tickets on sale
now!

WE WILL ROCK YOU

THUR 11th JULY

FRI 12th JULY

SAT 13th JULY

"WE WILL ROCK YOU School Edition"
is presented through special arrangement
with and all authorised performance
materials are supplied by
Theatrical Rights Worldwide (TRW),
www.theatricalrights.co.uk

7:30 pm



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Half term Activities at The Plot

it takes a village

Wraparound Swap & Shop

CLOTHES SWAP & SALE
28TH MAY 11AM - 2PM
**THE PLOT, 80-84 UNION ST,
PLYMOUTH PL1 3EZ**

SWAP A MAXIMUM OF 10 ITEMS
OF CLEAN, GOOD QUALITY
ADULTS OR KIDS CLOTHES.
NOTHING TO SWAP? YOU CAN SHOP!

@ItTakesAVillagePlymouth

SMART Science

workshop

aimed at ages 4 - 8 years

Tuesday 28th May
1pm - 2pm

First child £10, siblings £8

Follow the QR code to book your space



it takes a village

QUIET STEAM FAMILY STAY & PLAY SESSION

SATURDAY 1ST JUNE
9.30AM - 10.30AM

THE PLOT, 80-84 UNION STREET PLYMOUTH PL1 3EZ

FIRST CHILD £7, SIBLINGS £4
ADULTS & BABIES (UNDER 1 YEAR) FREE

FOLLOW THE QR CODE TO BOOK

MAX 6 CHILDREN IN THIS SESSION

it takes a village

STEAM FAMILY STAY & PLAY SESSIONS AT THE PLOT

28TH MAY & 1ST JUNE
11AM - 12PM

FIRST CHILD £5, SIBLINGS £3
ADULTS & BABIES (UNDER 1 YEAR) FREE

FOLLOW THE QR CODE TO BOOK OR PAY ON THE DOOR (IF THERE ARE SPACES AVAILABLE)



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SCAN ME!



HAVE YOUR VOICE HEARD.
INCREASE UNDERSTANDING
AND MAKE POSITIVE
CHANGE. SPEAK, PREVENT VIOLENCE





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eden
project



Unleash your creativity this half-term

Festival of Imagination is back this May half-term for another celebration of culture and creativity! Immerse your family in a world of wonder – packed with music, art, literature and interactive experiences for all ages.



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Please use this QR code to link to East Cornwall Early Help Team's Newsletter.

This offers information on:

- Early Help Hub and Open Sessions
- Multi Agency Referral Unit
- Family Hubs
- Early Help Parenting
- Family Information Service
- Links to Local Services
- Your Early Help Linked Worker
- East Early Help Contact Information



Early Help Newsletter

for East Cornwall Schools and Colleges

Summer Term 2024





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KERNOW YOUNG BARNARD'S CARRIERS

Changing childhoods.
Changing lives.

Kernow Young Carers Service is now in the third year of partnership with CRCC, Disability Cornwall, Promas and Age UK to form the Cornwall Carers Service. Together we deliver a range of free high quality support services for unpaid Carers throughout Cornwall. These services include emotional support, information, advice and guidance, statutory assessment, access to grants, community support, carer specific training and dedicated services for Young Adult Carers (18-25 year old Carers) and Young Carers.



Do remember that the Advice Line on 01736 756655 is available from Tuesday/Thursday 9-7pm and Monday/Wednesday/Friday 9-5pm to advise on any of the above.



Follow us on social media and keep up to date with useful resources, opportunities and activities Countywide for you and your family!

www.cornwallcarers.org.uk
facebook.com/CornwallCarersService
twitter.com/cornwallCS

Especially for Young Adult Carers:
instagram.com/cornwallyacs



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Living with Parents

Do you have a teenager?

Join us at Torpoint Family Hub on 19 July 2024 from 9:30 – 14:30

This is an evidence-based workshop for parents and carers to attend with their young person. This workshop will focus on:

- Interactive/structured activities
- Guided discussion
- Group work
- Strategies and top tips
- Discussing effective communication
- Relationship building
- Boundary setting



To book visit

www.cornwall.gov.uk/parenting

Contact us

Email: parenting@cornwall.gov.uk



Together 
for Families

 www.cornwall.gov.uk



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Parenting a young person aged 12-19



Parents Plus Adolescents Programme

A virtual 9-week workshop delivered weekly, over Microsoft Teams. Each session is 2-hours in length.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

When?

- Wednesdays from 18:00-20:00, Starting 1st May 2024
- Mondays from 9:30-11:30, Starting 3rd June 2024



To book visit

www.cornwall.gov.uk/parenting

Contact us

Email: parenting@cornwall.gov.uk



www.cornwall.gov.uk



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Together for Families Parenting

Parenting Workshops April - August 2024



Parents Plus Adolescent Programme

Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

Workshop Dates

Countywide - VIRTUAL		
Ages 12-18	Wednesdays 18:00-20:00	01.05.24-26.06.24 Virtual MS Teams
Ages 12-18	Mondays 09:30-11:30	03.06.24-29.07.24 Virtual MS Teams
East		
Ages 12-18	Thursdays 09:30-11:30	16.05.24-18.07.24 Saltash Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Wadebridge Family Hub
Mid		
Ages 12-18	Fridays 12:30-14:30	19.04.24-21.06.24 The Park Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Newquay Family Hub
West		
Ages 12-18	Tuesdays 12:30-14:30	28.05.24-23.07.24 Penzance Family Hub
Ages 12-18	Wednesdays 12:30-14:30	05.06.24-31.07.24 Helston Family Hub

To book onto a workshop, please scan here:





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IMPORTANT

>>> ANNOUNCEMENT <<<

Liskeard & Looe Foodbank now open in Torpoint

We are open Mon/Weds/Fri
9.30-12.30 under The Old Rowing
Club next to the ferry lanes.

The Library staff can refer you
to us for help.

For more information:

07512 011452
liskeard.foodbank@gmail.com



See our needs in real-time

Liskeard and Looe Foodbank are proud to be working
with BanktheFood

Download BanktheFood app for FREE using the QR
code

Follow Liskeard and Looe Foodbank and get regular
updates of any items we need

COLLECTION BASKETS

Coop Torpoint
The Library Torpoint
Sainsburys Torpoint
Costcutter Torpoint





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EVERYDAY COUNTS

*Why is attendance important
for my child's education?*

**Good attendance
means:**



Being in school at least **95%+** of the time.



85%-75%
Serious cause for concern.
High impact on student attainment.
Potential for fines or prosecution.

90%
Student is now a persistent absentee.
Progress and achievement will be effected.

Well Done!
Learning maximised.



23/24

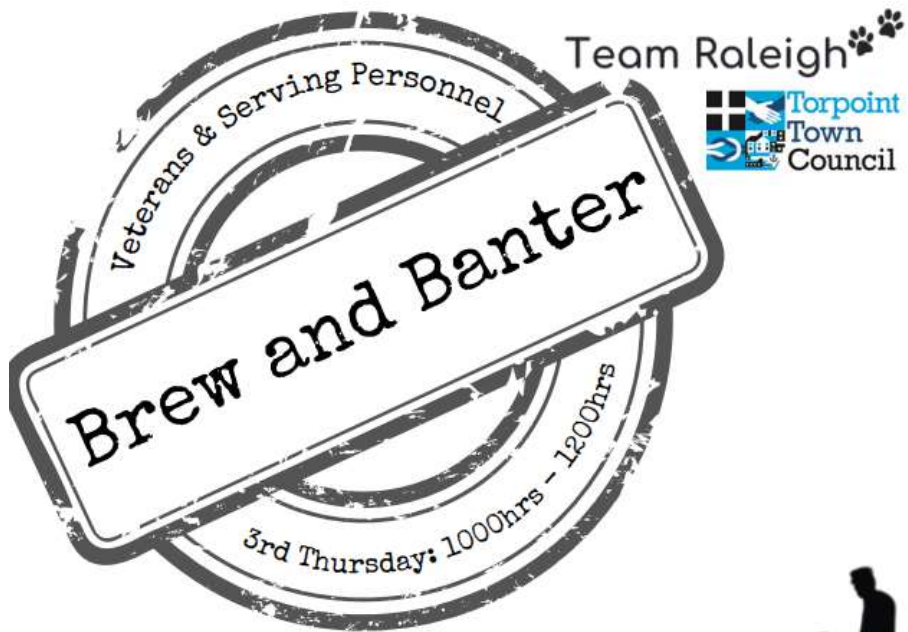
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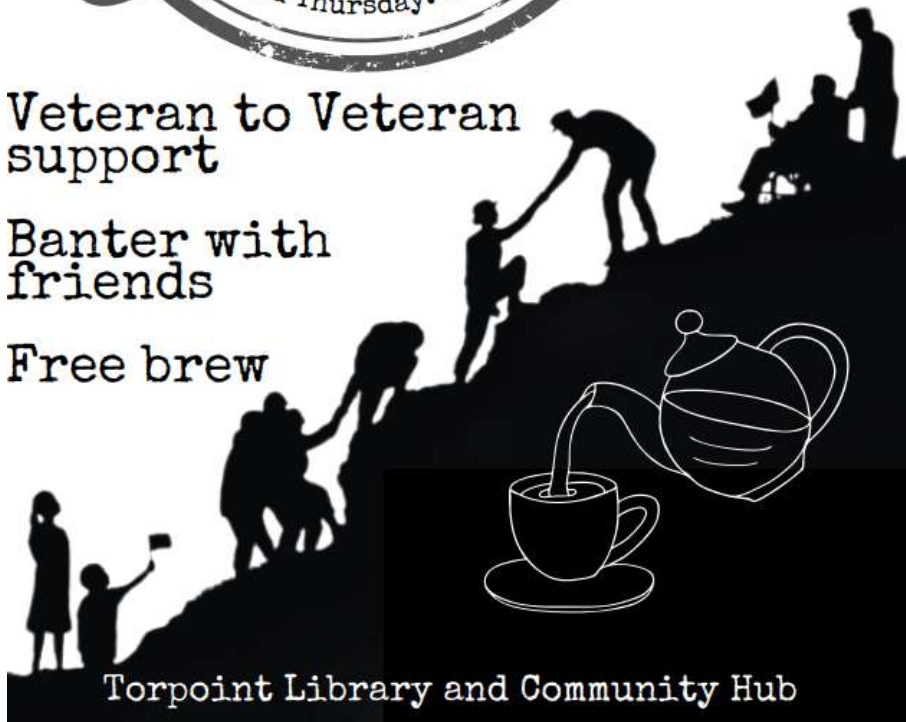


Team Raleigh
 Torpoint
Town Council

Veteran to Veteran
support

Banter with
friends

Free brew



Torpoint Library and Community Hub

Skips Safety Net Keeping children safe online

A Parent's Guide to Cyberbullying



scan the QR code with your phone's camera for Parent Guides on how to help keep your children safe online

Many young people who are victims of cyberbullying suffer in silence.

They feel they can't turn to parents or a trusted adult for support as they fear they may get in trouble or have their devices taken away from them. It can carry on all day, all evening and all weekend for the world to see, causing a lot of emotional stress to the victim and their family.



It can very quickly lead to the victim feeling trapped, scared and vulnerable to grooming and blackmail.



Online safety is when young people know who they can tell if they feel upset by something that has happened online.

Parents please contact your school to enquire attending their next e-safety workshop or have any concerns.

Working with Home Office 'PREVENT', The Police and Crime Commissioner and Children's Safeguarding Partnerships to help keep children safe online.

Skips Educational Email: info@skipssed.com Tel: +44 121 227 1941

Developed in partnership with



Skips

www.skipssafetynet.org



Together for Families

Need Some Health Advice

Come and see the School Nurse Team

When: First Tuesday of the month

Where: at the Torpoint Family Hub 3:00-4:30



www.cornwall.gov.uk



BREAKFAST CLUB
8-8.30AM
EVERY MORNING!

COME TO THE
STUDENT SUPPORT
CENTRE

-BREAKFAST INCLUDES-
TOAST
CEREAL
SNACK BARS
FRUIT

FREE OF CHARGE
ANY DONTATIONS
WELCOME





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SAFEGUARDING YOU

worries@torpoint.cornwall.sch.uk

Our main priority is that students feel safe and happy.

Email any worries to the above email address OR leave a note in our

worry box.

You can find it outside the library.

Dr Plumb



If you have any concerns or worries, please speak to one of the child protection team.

Or speak to a member of staff you trust and feel comfortable with.

Mrs Lear



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